

bhavishyavani

A Monthly Newsletter of Bhavishya Alliance

June-July'08

What's in?

Updates

- Food Diversification and cooking Hygiene training held- 2nd phase, Nandurbar District
- 20 Computer Aided Adult Literacy Centres Operational in Trimbakeshwar.
- Facility based Health & Nutritional Counselling, a partnership initiative of Zilla Parishad and Voluntary Organisations in Melghat, Amaravati
- Girls Gaining Ground

Project Updates June- July'08

Food diversification Training for ICDS functionaries held- 2nd phase

90 ICDS functionaries of Nandurbar district underwent training on food diversification and cooking hygiene in 3 batches of 2 days each from 25th to 31st July'08 at Institute of Hotel Management, Aurangabad (IHMA). The trainee's primarily included CDPO's, supervisors, mothers groups, women SHGs, Anganwadi workers, and local NGOs.

Taj Group of Hotels working closely with the staff of Rajmata Jijau Mother & Child Health & Nutrition Mission and ICDS developed new recipes for supplementary nutrition to be provided at the Anganwadi Centres within the existing cost parameters. Taj team with the support of trainers from IHMA trained these functionaries on quality cooking practices that retain nutritive value and maintain hygiene during cooking, serving and consuming. Customized manuals to meet the local requirements were also prepared in English and Marathi to help these functionaries to take up further trainings for the AWWs, SHG members and members of Mother's Committees.

Mrs. Manjusha Molwane, Dy. Commisioner ICDS, Forum Nagori, Manager, CSR, Taj Group of Hotels, Chef Ratnakar Prabhu (Chef, Nasik, Taj hotels, Ramesh Chaturvedi (Dean, IHM, Aurangabad), Dr. Priya (faculty of IHM, Microbiology), Mrs. Vidula (Nutritionist, Govt College Aurangabad) and Bhavishya Team, together facilitated the training.

It was really a challenging assignment to plan new recipes using locally available materials within the ICDS budget of Rs 1.98/- and that too ensuring 300 Kcal and 8gms of protein. Initially, I thought it is impossible but soon could come up with more than 37 recipes that included recipes for breakfast as well as lunch. This is a great learning experience for me. I really feel happy and satisfied that I could do something for the tribal children,- Mr. Ratnakar Prabhu , Chef- Maharashtrian Specialities, Taj Hotels, Nasik



The ICDS supervisors came up with the training plan for next level. This next level training is expected to start in the month of August'08 and is planned to cover 12,000 trainees within a period of 4-6 months. Management trainees from Taj will provide further support to the next line training apart from assessing the impact of these training.



ICDS functionaries trying out different recipes at IHMA kitchen



Mr. Rajesh Kumar, Commissioner, ICDS, (second left) discussing the project on the day of convocation

Convocation was held on the last day when certificates and prizes were distributed to the participants of training by Mr. Rajesh Kumar, Commissioner, ICDS in the presence of Dr Satish Jayaram, Principal, IHMA, Mrs. Manjusha Molwane, Dy. Commissioner, ICDS, Dr. Naresh Gite, and Dr. G.K.Pandge, Directors, State Nutrition Mission, Mr.K.S Murthy, Bhavishya Alliance.

20 Computer Aided Adult literacy Centres operational in villages of Trimbakeshwar:

After the training of 20 Preraks and 10 women representatives from villages of Trimbakeshwar held in the month of June'2008, 20 adult literacy centers have become functional. Each centre is catering to around 20- 25 adult women and the Preraks have started conducting sessions for illiterate adolescents and adults of the villages.

The major challenge that these centres were facing is long hours of power cuts normally 14 hours a day, absence of electric meter and also the busy agricultural season. One of the observations in most of the centres is that the family of the facilitator has been very supportive and presence of VACHAN in the area has also been instrumental in bringing the communities together in eliciting their support.



CAALP Center, Hathlondi Village



Yamuna Tai of Hathlondi village says.....I am an early school drop out. Now at 32, I felt the need to learn to read and write and thus got myself enrolled to this literacy center. I feel literacy will make me more capable and empowered. I have 3 children; all of them go to school. Initially my husband made fun of the fact that I would go to school at such an age, but now he does not. I like coming to the classes and find the teaching very effective. There is a long way to go!

CLIPPING FROM LOKMAT TIMES -3RD JUNE'08

संगणकाद्वारे महिला साक्षरता कार्यक्रम

नाशिक, दि. ३ (प्रतिनिधी) - आदिवासी भागातील निरक्षरतेचे प्रमाण कमी करण्यासाठी आदिवासी विभाग, भविष्य अलघ्नस, टाटा कन्सल्टन्सी व वचन संस्था यांच्यामार्फत महिला साक्षरता कार्यक्रमाची सुरुवात करण्यात आली आहे. त्र्यंबकेश्वर तालुक्यातील हरसूल विभागातील २० गावांमध्ये संगणक प्रशिक्षण कार्यक्रम राबविण्यात येत आहे. येत्या एक वर्षांच्या कालावधीत गावातील

प्रत्येक महिला, किशोरवयीन मुली यांना संगणक साक्षरता उपलब्ध करून देण्यासाठी या कार्यक्रमाची योजना करण्यात आली आहे.

टाटा कन्सल्टन्सी सर्व्हिसेद्वारे प्रत्येक गावामध्ये कॉम्प्युटर देण्यात आली असून, स्थानिक पातळीवरील २० प्रेरीकेची निवड करून त्यांना प्रशिक्षण देण्याचे आयोजन नुकतेच वचन, नाशिक येथे करण्यात आले होते.

या प्रशिक्षण सत्राच्या उद्घाटन

प्रसंगी प्रकल्प अधिकारी, एकात्मिक आदिवासी योजना कैलास मोते, टाटा कन्सल्टन्सी सर्व्हिसेचे मेजर शिक्ले, राजमाता जिजाऊ मिशनचे समन्वयक नयन चक्रवर्ती, सी. शकुंतला माकड हे उपस्थित होते.

उद्घाटनप्रसंगी मोते यांनी सदर कार्यक्रमाची उपयुक्तता स्पष्ट केली. आदिवासी क्षेत्राचा सर्वांगण विकास साधण्यासाठी शिक्षण, साक्षरतेचे महत्त्व व्यक्त करताना कुपोषण, बालमृत्यू, मातामृत्यू, आरोग्य अशा

विविध पैलूंचा निरक्षरतेशी असलेला संबंध स्पष्ट केला.

शासन यंत्रणा, स्वयंसेवी संस्था आणि औद्योगिक क्षेत्र यांच्या समन्वयाने होणारा अशा प्रकारचा हा पहिलाच उपक्रम आहे. या २० गावात संपूर्ण साक्षरतेचे लक्ष्य कार्यक्रम यशास्वीतेसाठी ठेवले आहे. तीन दिवस चाललेल्या प्रशिक्षण सत्रात विविध शासकीय अधिकाऱ्यांनी प्रत्यक्ष भेट दिली.

Facility based Health & Nutritional Counselling, a partnership Initiative of Zilla Parishad and VOs in Melghat- Amaravati

For preventing the child death and malnutrition of the region, the Health and Family Welfare Department have network of health institutions and schemes. But the utilisation of the health institutions and schemes by people is not very encouraging looking at the OPD and IPD attendance and utilisation of schematic benefits.

A 3 month pilot was thus initiated in all health institutions in the Melghat under government and voluntary agency partnership. Under this a few local level youths nominated by the local Voluntary Organisations were attached to the hospital for counselling of the patients and assist the staff at the PHC. In each health facility, two counsellor's one female and one male were placed on rotation to provide service 24x7.

This 3 month pilot although not enough showed a positive change in terms of improvement in number of hospitalised PEM cases, food provided in hospitals, drug availability, referral transportation, behaviour of staff with patients,

improvement in sanitary conditions, lighting and other facilities in hospitals .It also brought a sense of confidence amongst locals in public hospitals.

To sustain the initiative and take it further so that the objectives with which it was initiated are met, some existing gaps were to be plugged. And with the support of ICICI Centre for Child Health and Nutrition a Coordination Committee consisting of AHDO, TMO of Health Dept and representatives from NGO and ICCHN was set up and a six months program was initiated under the leadership of the ZP CEO, which is being executed by MAHAN.

Induction Training of the Counsellors

Four days residential induction training of the Counsellors and coordinators took place from 6th-9th July '08, in MAHAN, Dharni. All counsellors and one coordinator attended the training. Medical Officers from the Health & Family Welfare department, chief functionaries and project coordinators of voluntary organisations constituted trainers team.



The sessions included an understanding of the Melghat region, the history of under nutrition, rationale and importance of the project, the supportive roles of counsellors, causes of infant and child death, importance of nutrition esp. Breast feeding, weaning and supplementary nutrition (time and type), Immunisation, adolescent and maternal health including hygiene and sanitation, pregnancy cycle, importance of skilled birth, 5 safes. The training also included counselling skills, health education through flip chart, demonstration on weight record and gradation of children, administrative structure in health and ICDS, important government schemes and an exposure visit to the Sub District hospital, Dharni.

Volunteerism reflected from the counsellors by segregating themselves to different groups to take care of boarding and lodging of themselves and the trainers as well.

Further trainings of 2 days duration are planned in every two months. With support supervision of the VO's and cooperation from the health establishment, it can demonstrate the strength of "Partnership" and well being of Melghat community.

Girls Gaining Ground:

A one day orientation meeting was organised on 25th June'08 with the project staff consisting of Coordinators, assistant coordinators and senior staff of the 8 partner organisations of the GGG project viz. BAIF, Aroehan (Nirmala Niketan), Vachan, NSSF, KHOJ, Ashray Sevabhavi Society, NYKS and SNEHA.

This meeting was a discussion on the changes in the project, research and evaluation process to assess the outcome of project, monitoring formats, understanding the difficulties and challenges partners are facing in the project, responding to the queries and plan the way ahead and develop a timeline for the next three months.

The training of Trainers/Coordinators from the project districts is being held from 20th August to 29th August'08 at Talegaon. These Coordinators will further train the facilitators of the project at the village level.

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If you have any feedback, suggestions or contributions, feel free to write to Sangeeta Dasmohapatra at sangeeta@bhavishyaalliance.org.in or sangeetadm@yahoo.com Ph: +91-22-27823202/9821421554